

Michael Sickels, Ph.D., LPC, NCC

Duquesne University

Department of Counselor Education and School Psychology, 410A Canevin Hall

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EDUCATION

Duquesne University. Pittsburgh, PA

- Ph.D. in Counselor Education and Supervision
Dissertation: *“I Hear You”*: Exploring the Lived Experience of Counselors’
Empathic Response to Clients when Conducting Telephonic Counseling During COVID-19 (Doctoral dissertation) ProQuest Dissertations and Theses.
August 2018 – August 2022
- M.S. Ed. in Clinical Mental Health Counseling
August 2016 – August 2018

Waynesburg University. Waynesburg, PA

- B.A. in Middle Level Education: English Language Arts and Mathematics
August 2009 – May 2013

TEACHING EXPERIENCE

Graduate Level Instruction

- Duquesne University. Pittsburgh, PA
Department of Counselor Education and School Psychology
 - Visiting Assistant Professor
 - Master’s level courses currently teaching (Fall 2022): Multicultural Issues and Strategies in Counseling (two sections)
 - Other master’s level courses scheduled to teach this academic year (2022-2023):
 - Spring 2023: Introduction to Addictions Counseling; Psychotherapeutic Aspects of Human Sexuality (two sections)
 - Summer 2023: Child and Adolescent Counseling; Diagnosis and Treatment Planning
 - Doctoral level courses currently teaching (Fall 2022): Professional Writing in Counselor Education and Supervision
August 2022 – Present

- Teaching Assistantship
 - Therapeutic Techniques in Individual Counseling (master's level course)
January 2021 – May 2021
- Micro Teaching Assignment
 - High Incidence: Behavior (master's level course)
August 2018 – December 2018
- Guest Speaking
 - Interpersonal Process Recall Lesson in Counseling Supervision: Theory and Practice (doctoral level course)
April 2021; March 2022
- Indiana University of Pennsylvania. Indiana, PA
 - Guest Speaking
 - Dissertation Writing Lesson in Dissertation Seminar (doctoral level course)
January 2022

Undergraduate Level Instruction

- Fairmount State University
 - Guest speaking
 - Intervention Techniques and Applications (bachelor's level course)
October 2022

School Age Instruction

- Butler Area School District. Butler, PA; Mars Area School District. Mars, PA; Fox Chapel Area School District. Pittsburgh, PA; Pine-Richland School District. Gibsonia, PA; Plum Borough School District. Plum, PA
 - Substitute Teacher
September 2013 – April 2014; September 2016 – May 2017
- Summit Academy. Toledo, OH
 - Grade Six Classroom Teacher
August 2015 – June 2016
- Imagine Hill Academy. Toledo, OH
 - Title I Teacher
April 2014 – May 2015

RESEARCH EXPERIENCE

Duquesne University. Pittsburgh, PA

- Dissertation Research
 - “‘I Hear You’: Exploring the Lived Experience of Counselors’ Empathic Response to Clients when Conducting Telephonic Counseling during COVID-19”
January 2021 – August 2022
- Graduate Assistantship
 - M.S. Ed. Research Assistantship
November 2017 – January 2018
 - Ph.D. Research Assistantship
August 2018 – August 2019

CONFERENCE PRESENTATIONS

National Conferences

- **Sickels, M.** & Burcur, C. (2021, October 5-10). *Empathy as a Basis for a Relational Leadership Pedagogy* [Conference presentation]. ACES 2021 Conference, Atlanta, GA, United States.
- Dries, E. & **Sickels, M.** (2021, October 5-10). *Courageous Compassion: Using Interpersonal Empathy in Supervision to Address Burnout in Supervisees* [Conference presentation]. ACES 2021 Conference, Atlanta, GA, United States.
- **Sickels, M.**, & Liu, Y. (2021). *A Case Study Regarding Existential Supervision* [Conference presentation]. AHC 2021 Conference, Nashville, TN, United States.

Regional Conferences

- **Sickels, M.** (2022, October 14-16) *Ethical Considerations in Distance Counseling*. PCA 2022 Conference. Pittsburgh, PA, United States.
- **Sickels, M.**, & Dries, E. (2022, October 14-16) *Reworking Workaholics: Using Wellness Models to Address Burnout and PTO Anxiety in Clinicians*. PCA 2022 Conference. Pittsburgh, PA, United States.
- Nice, M., Maga, J., **Sickels, M.**, & Dries, E. (2021, November 12-14) *Counseling Emerging Adults: Understanding the Impact of the College Experience* [Conference presentation]. PCA 2021 Conference. King of Prussia, PA, United States.
- Dries, E. & **Sickels, M.** (2020, November 5-8) *Combating Chaos: A Conversation Surrounding Burnout Transfer within the Supervisory Relationship* [Conference presentation canceled due to COVID-19]. NARACES 2020 Conference. Pittsburgh, PA, United States.
- **Sickels, M.**, Dries, E., & Leonhard, E. (2019, November 8-10). *A Will to Wellness: Using Trauma-Informed Role Fulfillment to Understand the Need for Self-Care Practices Among Counselors* [Conference presentation]. PCA 2019 Conference, State College, PA, United States.

- **Sickels, M. & Leonhard, E.** (2019, April 27). *Conflicting Roles: Using social Identity Theory to Understand Role Spillover of Police Officers' Professional Identity into the Family Setting* [Conference presentation]. CSI 2019 Conference, Pittsburgh, PA, United States.

PROFESSIONAL AFFILIATIONS

- Association for Counselor Education and Supervision
July 2019 – Present
- North Atlantic Region Association for Counselor Education and Supervision
July 2019 – Present
- Association for Humanistic Counseling
July 2019 – Present
- American Counseling Association
August 2019 – Present
- Pennsylvania Counseling Association
November 2019 – Present
- Chi Sigma Iota – Counseling International Honor Society
November 2017 – Present

CREDENTIALS

Licensed Professional Counselor (PA)

- License Number: PC013233

National Certified Counselor

- Certificate Number: 1096466

CLINICAL EXPERIENCE

- Family Counseling Center of Armstrong County
Kittanning, PA
March 2019 – September 2022
- Glade Run Lutheran Services
Zelienople, PA
September 2018 – March 2019
- Washington Health System: Center for Recovery and Wellness.
Waynesburg, PA
August 2017 – July 2018
- Family Behavioral Resources
Butler, PA
May 2017 – September 2018